



What is the course?

A seven session course set in a fantastic atmosphere. You will be served a candlelit meal and then given time with your partner/spouse to engage while listening to practical talks that are informative and fun, given live or played on DVD.

There is never any group work and you will never be asked to share anything about your relationship with anyone other than your partner. Space is limited, for the first course beginning in October. Let us know if you are interested.

find out more about the course: <http://relationshipcentral.org/marriage-course>

Why do the course?

- Regular check-ups help a car run smoothly and reduce the risk of breakdown.
- The best sports professionals spend hours being coached and perfecting their technique.
- The greatest achievements in life take practice, training and dedication.

It is the same with marriage. A strong, loving and lifelong relationship doesn't happen by chance. It takes effort and dedication to keep the fun and romance alive. We can all learn how to make even the happiest marriage better.



Invest in Your Relationship

I have to say doing the course has given us tools which have made things better, and it does work. ~Katie and Mark

It took our marriage to another level – another level of togetherness, another level of communication. And we started to laugh again. ~Eric and June

We had areas of conflict in our marriage...we were a couple of hotheads. The course gave us some really good tools and practical help mainly in the area of listening. We learned how to listen to each other and



just to reflect. We learned to respond in a healthy way.

COME OUT TO SEE WHAT IT'S ALL ABOUT:

SUNDAY, OCTOBER 2

Potluck Lunch and intro video @ 12:00, FBC

**child care provided for this Sunday's meeting*

Need more info?

Call Lesa or Rod 519-334-3822

or email us: lesamcdougall@yahoo.ca

<http://relationshipcentral.org/marriage-course/watch-videos>